

T	R	I	A	L
R	Was Doubted	Was Disrespected	Was Deserted	Was Deceived
I	Was Disappointed	Was Disabled	Was Destitute	Am Doubted
A	Am Disrespected	Am Deserted	Am Deceived	Am Disappointed
L	Am Disabled	Am Destitute	Have had all 7 Trials	Have had all 7 trials in Past Year!

Instructions:

Give your group members each a sheet of the above grid. Use the instructions for the mixer from the book's leader guide to explain what each category means. Then ask the group to mix and mingle, signing the squares they identify with, whether it was a prior trial ("Was _____) or a current one ("Am _____").

You can alter the game to fit your time and the size of your group. The goal of the mixer is to get people identifying their trials and meeting others who have gone through or are going through these trials. It's a light way to look at difficult subjects and help everyone feel support.

You can have people yell out "TRIAL!" (like "BINGO!") when they get a line across or diagonal or down. Only allow each person to sign once per card if you are doing just one line to find the TRIAL! winner.

Or, if you want to get more interaction, keep the mixer going until someone has their whole sheet filled up with signatures. There are sixteen spots, so allow people to sign just once per card and move on to another person if there are more than twenty people in your group. If you have more than ten people in your group, allow them to sign two spots. And if there are fewer than ten, let them sign as many as five times per sheet.